Margaret Howard, PhD is a Professor of Psychiatry and Human Behavior (Clinical) and Medicine (Clinical) at the Warren Alpert Medical School of Brown University in Providence, RI. Dr. Howard is the Division Director for Women’s Behavioral Health and Director of the nation’s first Mother-Baby Perinatal Psychiatric Partial Hospital at Women & Infants Hospital (WIH) in Providence RI. She is the Associate Director of the WIH/Brown University Women’s Mental Health Fellowship. For the past 18 years, she has focused exclusively on the treatment of perinatal women with mental health disorders. Dr. Howard has extensive administrative experience in the establishment of psychiatric outpatient and partial hospital specialty programs focusing on women’s issues and has published, taught, and lectured widely on the topic of perinatal psychiatric disorders.

**Learning Objectives:**
Upon completion of this activity, participants should be able to:
- Describe prevalence and risk factors for perinatal depression and distinguish between postpartum ‘blues” and depression
- Describe changes in DSM 5 description of postpartum depression
- Identify preferred screening measures and current legislation and professional guidelines
- Distinguish among common treatment approaches for perinatal depression

**Media used for activity:**
- Live event – webinar
- Archived event – electronic

**Method of Participation:**
- Participants are required to attend the live event through webinar format.

**Estimate time required for completion:**
- One hour

**Date of original release:**
- November 10, 2015

**Activity termination date:**
- 1 Year after date of original release

**Scope of Practice:**
- This activity is appropriate for the current and future scopes of practice for attending physicians and other clinicians and Allied Health professionals involved in perinatal care.

**Core Competencies:**
- Medical Knowledge and Patient Centered Care

**Accreditation:**
- Women & Infants Hospital is accredited by the Rhode Island Medical Society to sponsor intrastate continuing education for physicians. Women & Infants Hospital designates this online educational activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
Disclosure:

- Margaret Howard, PhD has no relevant financial relationships to disclose.
- No other persons responsible for the planning or implementation of this activity have any financial interests to disclose.

Policy on Privacy and Confidentiality:
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Further Information:
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